



CHEF Z - Powered by Craft Food House

STARTERS

KOREAN CHICKEN WINGS — \$14

Chili Paste, soy sauce, apple cider vinegar, sesame oil, garlic

THE DIP — \$16

*Cheese Sauce, Salsa, Guacamole - Topped with diced tomatoes
Served with Tortillas + Naan Bread*

PRETZEL AND MUSTARD — \$6

Salted Pretzel with Dr. Pender's Hazy Rapids Beer Mustard

CHEDDAR PEROGIES — \$10

Pan-seared with Tzatziki/Chipotle Mayo

SALADS

CHICKEN AVOCADO BOWL — \$16

Vitamin K Salad Topped with Avocado Chicken Salad with Cranberries and Peanut Brittle

JERK BOWL ON VITAMIN K SALAD — \$16

Warm Basmati Rice, Jerk Chicken, Sweet Potatoes, Cauliflower - topped with a relish

BLACK + BLUE NUTTY SALAD BOWL — \$17

Chicken, Steak, or Shrimp

Vitamin K Salad - Blue Cheese Cauliflower, Sweet Potatoes, Peanuts

PAD THAI SALAD — \$14

Noodles, peanuts, sprouts, Thai Sauce

(with Beef, Chicken, Shrimp) — \$4

MAINS

PULLED CHICKEN BURRITO — \$20

*Pulled chicken, monterey black cheese, refried beans, folded in flour tortillas
Topped with cheese sauce, with salad, rice, salsa, and sour cream*

BEEF TACOS — \$20

*Pulled Beef Tacos with Chipotle
(5) Shells, Sour Cream, Guacamole, Salsa, Rice, and Salad*

BLACK BEAN BURGER — \$16

*With Portebellows, peppered havarti, Korean BBQ sauce and Ciabatta Bread,
Served with salad*

SWEDISH MEATBALLS — \$18

With Mashed Potatoes, cranberries, and crisp green beans

PEI MAC AND CHEESE — \$20

With Lobster and Shrimp, served with Salad

CHEESE SQUARED — \$16

Grilled Cheese on Naan Bread, with pesto sundried tomatoes + Mac and Cheese.

BUTTER CHICKEN — \$15

Wrap in a naan bread, with tomatoes, cucumbers, sweet potatoes, served with Salad

CHICKEN CURRY — \$17

With Basmati Rice and naan bread, and salad

BUTTER CAULIFLOWER — \$16

With Basmati Rice and naan bread, and salad

BANGKOK RUMP STEAK — \$20

With Asian Sauce and smashed potatoes



